

www.gainitalinlife.com

Dean Gross

MOTIVATIONAL SPEAKER
& PERFORMANCE COACH

SPEAKER INFO

Dean Gross

MOTIVATIONAL SPEAKER & COACH

Helping sales professionals and executives become the healthiest, happiest, strongest version of themselves, so they can thrive in all areas of their lives.

"You and I possess within ourselves at every moment of our lives, under all circumstances, the power to transform the quality of our lives."

-- Werner Erhard



MAKE YOUR NEXT EVENT EXTRAORDINARY
WITH RENOWNED, PROFESSIONAL
CHANGE AGENT DEAN GROSS ON STAGE

SPEAKING TOPICS

ON THE PRECIPICE OF MASSIVE CHANGE

Ambitious corporate leaders, sales professionals, and entrepreneurs understand that having it all in life without compromise or sacrifice and finally finding balance and ultimate fulfillment in their lives requires more than hard work. It requires a shift in mindset and behaviors; it's more than just a simple shift.

This shift requires reprogramming the deeply rooted unconscious thoughts and patterns of behavior that are producing the biological, emotional, neurological, and physical responses that map the course of our lives. It also requires a few core life strategies with a proven plan that is practical to fit into the lives of extremely busy individuals.

At GAIN, we believe that personal and business development is on the precipice of a massive change, where only those who embrace this new way of thinking and empowerment of their unconscious mind will truly thrive in all areas of their lives and step into their next level of success, fulfillment, and abundance like never before.

"A mind that is stretched by a new experience, can never go back to its old dimensions."

-- Oliver Wendell Holmes

Client Testimonials

"It's has been an absolute gamechanger for me working with Coach Dean! Without question it is by far the best investment I have ever made in my life!"

Yvonne Bourk

"I spent 4 years at Columbia University, and in the last 12 weeks I learned more about what it's going to take to be successful in life than I did at an Ivy League school. This journey with Coach Dean has been absolutely priceless."

Lou Bavaro

Having It All

SPEAKER TOPIC #1

THE SURPRISING NEUROSCIENCE TO A HAPPY AND FULFILLING LIFE

A Mayo Clinic study shows that 90% of executives report struggling with work-life balance.

Countless high-performing leaders and sales professionals are caught in a cycle of imbalance. This cycle causes extreme frustration, leading to poor performance, burnout, health scares, strained or failed personal relationships, and ultimately deep feelings of unfulfillment.

In this powerful keynote, Dean will share with you that the secret to achieving a life of balance is simple: shift your mindset and start applying a few core life strategies to redefine your life forever. He will teach you the neuroscience of beliefs and patterns, the exact secrets to these few core life strategies, and share with you practical tools that will forever positively change the course of your personal and professional life.



The Silent American Pandemic: Stress

SPEAKER TOPIC #2

THE THRILLING POTENTIAL OF NEURO-REPROGRAMMING
AND HOW TO AVOID BURNOUT FOR GOOD

STUDIES SHOW THAT AMERICAN WORKERS ARE AMONG THE MOST STRESSED PEOPLE IN THE WORLD, WITH 55% BEING “STRESSED OUT” MOST OF THE DAY (GALLUP). NOT ONLY DOES THIS ELEVATED STRESS AFFECT OUR MINDS AND BODIES, BUT IT HAS SEVERE RAMIFICATIONS IN OUR WORKPLACES. **INDIVIDUAL STRESS DIRECTLY INHIBITS PERFORMANCE AND SUPPRESSES ORGANIZATIONAL PROFITS AND TOTAL SUCCESS.**

STUDIES ALSO SHOW THAT **HAPPINESS INCREASES PERFORMANCE, AND THAT THERE IS A SIGNIFICANT INVERSE RELATIONSHIP BETWEEN STRESS AND HAPPINESS.** AS YOUR STRESS INCREASES, YOU BECOME LESS HAPPY.

In this life-altering presentation, Dean teaches that the key to greater performance, success, and fulfillment in your personal and professional life is understanding the true source of stress and learning to master your control of this stress, anxiety, and overwhelm.

Participants will learn that managing stress and happiness are learned patterns that can be hardwired into your physiology. He will teach you exactly how to reprogram and train these patterns, so you will become the master over any and all stress in your life.

Becoming A Change Agent

SPEAKER TOPIC #3

THE RIVETING NEUROSCIENCE OF BEHAVIOR TO INSPIRE ACTION

As humans, we have needs in six critical areas of our emotional and physiological existence that drives our choices, our interactions, and our behavior. These needs when unmet threaten our well-being.

As a result of unmet needs, executives, sales professionals, entrepreneurs, and people in general -- and their family members -- do not perform optimally and often feel compromised and unfulfilled. Worse yet, many may try to meet their needs in an unhealthy manner.

In this compelling keynote, Dean will share with you that with a deep understanding of these innate human needs you can drive change and action in yourself and in others, becoming a true change agent. He will teach you the neuroscience of behavior, the three core life strategies you must have to inspire action, and share with you pragmatic tools that will forever positively alter the trajectory of your personal and professional lives.



The Art of Transformation

SPEAKER TOPIC #4

THE KEY TO ACHIEVING YOUR BIGGEST GOALS AND REACHING YOUR GREATEST POTENTIAL

Dean knows first-hand that any change in life, especially in business, starts with a change in mindset. Knowledge is not power, action is power, and the key to true transformation lies in the “HOW.”

High performers are no strangers to goals. Every December, people recite their New Year’s resolutions, goals, and initiatives for the upcoming year. By February 1, most of those resolutions, goals, and initiatives are a distant memory. Why is it so hard for people to follow through on their desires?

In this ground breaking discussion, Dean will share that the key to unlocking your biggest goals and reaching your greatest potential lies in the three core beliefs you must have and the three key action items you must execute to accomplish anything you desire in life.



DEAN TEACHES THE TRUE ART OF TRANSFORMATION. HE SHARES THE “HOW,” CHANGING THE COURSE OF LIVES FOREVER.

A Change Agent

ABOUT DEAN GROSS



Dean Gross is a corporate leader, speaker, health and performance coach, and co-founder of GAIN, a global coaching organization focused on helping sales professionals and executives harness the maximum power of human performance, intelligence, and potential.

His immersion in personal development, behavioral psychology, physiology, neuroscience, hypnotherapy, strategic intervention, high-performance strategies, health, exercise science, and spirituality resulted in the development of a life-changing, practical system for

empowering high performers to achieve their highest level of success, fulfillment, and abundance in all areas of their lives.

Working with Fortune 500 corporations, high performing leaders, and sales professionals, Dean has a proven success record as a national sales executive and coach helping tens of thousands of people in the past two decades.

Dean is recognized by his clients, colleagues, and leadership team as an inspiring, trustworthy, and selfless leader and coach who makes them better and who truly cares about their success and happiness.

His engaging keynotes combine his passion for behavioral psychology and pragmatic transformational methodologies with his extraordinary live intervention and coaching skills. He imparts to every audience enlightenment, inspiration, and practical tools to make powerful changes that will result in an immediate positive impact on both their professional and personal lives.

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WHO DEAN WORKS WITH

As a motivational speaker, coach, and change agent, Dean works with organizations large and small, from intimate board retreat settings to high-energy annual corporate sales team meetings. He works with corporate teams and individually with sales professionals, executives, and entrepreneurs.


WHAT YOU CAN EXPECT

A storyteller and seasoned professional, Dean fills a room with his dynamic energy and nuance as he guides his audiences to meaning and transformation with a greater understanding of their own capabilities. Dean leads with honesty and integrity. Always.



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BOOK DEAN

To discuss how Dean Gross with GAIN can help make your next event an unforgettable experience contact Jen at 941-266-8229 or via email at jen@gainitallinlife.com.

Dean